

## KETTLE BOILED, MADE FROM SCRATCH BAGELS

Kettle –Boiled & Baked Fresh– the Traditional Way  
We make our dough from scratch with all natural ingredients.  
No oils, fats or preservatives added.

Plain	Sourdough	Spinach Herb	Orange Cranberry
Sesame	Egg	Cinnamon Raisin	Chocolate Chip
Works	Honey Wheat	French Toast	Hawaiian
Poppy	7 Grain	Blueberry	Cinnamon Chip
Onion	Pretzel		

*Ask about our **BAGEL & GOURMET CREAM CHEESE OF THE MONTH***

GOURMET BAGELS	2.20	
SPECIALTY BAGELS	2.80	
Cheddar Cheese	Ortega Jack	Jalapeno Cheddar
Pizza	Garlic Asiago	Bialy & Bialy Works
HALF DOZEN (6)	10.85	
DOZEN (13)	17.50	
BAKERS DOZEN DEAL	23.95	
13 bagels with 1 8oz plain and 1 8oz gourmet cream cheese		
OFFICE SPECIAL	27.95	
18 bagels with 1 lb. plain cream cheese		
DELUXE OFFICE SPECIAL	30.95	
18 bagels with 1 lb plain cream cheese & 8 oz gourmet cream cheese		

## HOW DO YOU SCHMEAR?

We proudly serve  Cream Cheese.

MISSION VIEJO- open face - <i>original avocado toast</i>	8.15		
avocado, tomatoes, choice of cream cheese & lemon pepper			
SLICED NOVA SCOTIA SALMON - open face	11.35		
nova salmon, cream cheese, red onion, tomatoes, greek olives & cucumbers			
ELVIS-open face	8.15		
honey cured bacon, sliced bananas, crunchy peanut butter & drizzle of honey. Recommend: French toast bagel.			
.PEPPERONI PIZZA MELT	7.95		
pepperoni, mozzarella cheese, marinara sauce			
CHEESE PIZZA MELT	7.50		
PLAIN CREAM CHEESE	4.15		
Philadelphia Original, only the best!			
GOURMET CREAM CHEESE-made from scratch daily	4.35		
Garden Vegetable	Garlic Herb	Birthday Cake	
Salsa	Lox Spread	Maple Walnut	
Cucumber Dill	Scallion	Strawberry	
Jalapeno, Cheddar & Bacon		Cinnamon Streusel	
WHIPPED BUTTER	2.95	CINNAMON SUGAR TOAST	3.55
BUTTER & PRESERVES	3.45	PEANUT BUTTER	4.15

## BREAKFAST IN A BOWL

Substitute Egg Whites, add .59	
QUINOA & EGG PROTEIN BOWL	9.95
avocado, red quinoa, jasmine rice & roasted corn blend, black beans, fresh spinach, 2 eggs over medium & a sprinkle of parmesan, side roasted salsa	
CHORIZO & POTATO BOWL	9.85
with 2 over-medium eggs, cheddar, black beans & scallions, side of sour cream	
BACON, CHEDDAR & POTATO BOWL	9.85
with 2 over-medium eggs, crumbled honey cured bacon, cheddar, scallions & side sour cream	
HONEYVILLE STEEL CUT OATMEAL	7.15
top it off with 4 of the following: crunchy granola, banana, raisins, dried cranberries dried blueberries, walnuts, brown sugar or milk. Extra items .20 ea	

## FROM THE GRIDDLE

STUFFED FRENCH TOAST	11.45
hand-dipped cinnamon brioche layered with strawberry cream cheese & drizzled with chocolate sauce and whip cream.	
CINNAMON SWIRL BRIOCHE FRENCH TOAST	9.25
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	10.85
WITH 2 EGGS & HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	11.55

Make it Extra Yummy, add...Strawberries & Whip Cream, Or Bananas & Whip Cream 1.49

## SAVORY EGG SAMMYS

*Fresh Cracked Eggs cooked on a stove, never in a microwave  
Substitute Egg Whites, add \$.59*

AVOCADOWICH	9.95
open face bagel with avocado, veggie cream cheese , 2 over-hard eggs, and sprinkle "Everything" seasoning	
ADD HONEY CURED BACON	3.35
BREAKFAST BAGELWICH	8.35
open face bagel with 2 eggs and melted cheddar	
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	9.85
SUNRISE SANDWICH	6.65
Egg & cheddar sandwich	
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	7.80
SUNRISE SUPREME	8.65
bacon or sausage, cheddar, tomato, lettuce, egg & schmear of cream cheese	
SUNRISE OLE	9.05
bacon, avocado, salsa cream cheese, pepperjack, egg, tomato & lettuce	
MAPLE BACON CHICKEN SUNRISE	8.95
crispy chicken, bacon, maple walnut cream cheese & egg	
KICKIN CHICKEN SAMMY	8.85
crispy chicken, pepperjack, chipotle aioli, tomato & egg	
PARK AVE SUNRISE	9.95
nova salmon, tomato, fresh spinach, scallion cream cheese, egg & red onion	
SUNDRIED TOMATO & BASIL SUNRISE	7.95
mushrooms, fresh basil, tomato, provolone, scrambled egg & sundried tomato aioli.	
PESTO FLORENTINE SUNRISE	7.95
spinach, mushrooms, tomato, swiss, scrambled egg & pesto aioli.	
HEALTHY START SUNRISE	8.65
egg whites, tomato, avocado, fresh spinach & scallion cream cheese. Add protein power turkey sausage +.50	

## BREAKFAST IN A TORTILLA

Substitute Eggs Whites, add .59

PACO’S TACOS	11.55
sausage, green chili, red onions, cilantro, pepperjack & scrambled eggs, side of homemade tomatillo sauce with a melon cup	
FIESTA BREAKFAST BURRITO	11.55
bacon, tomatoes, green chili, cilantro, onions, pepperjack & scrambled eggs with side of homemade roasted salsa, sour cream & a melon cup	
EI PATRON BREAKFAST BURRITO	11.55
spicy pork chorizo, potatoes, cheddar & scrambled eggs, with a side of homemade roasted salsa, sour cream & a melon cup.	
BUILD YOUR OWN BREAKFAST BURRITO	11.55
includes up to 4 items, additional/premium items extra, with salsa, sour cream & melon cup	

## HOT FROM OUR SKILLET

Served with bagel or toast (with choice of topping) or sliced tomatoes or melon cup or country potatoes. Substitute Egg Whites, add \$.59

HAVE IT YOUR WAY OMELET	11.55
Includes up to 4 items, additional/premium items extra	
SADDLEBACK SCRAMBLE	11.55
bacon, jalapeños. country potatoes, scallions, cheddar & sour cream	
MORNING GLORY SCRAMBLE	11.55
turkey sausage, feta cheese, tomato, spinach, scallions	
BACON, AVOCADO & TOMATO OMELET	11.55
with jack cheese	
PARIS OMELET	11.55
sausage, sautéed spinach, mushrooms, onions & swiss	
BAJA SCRAMBLE	11.55
bacon, tomatoes, green chili, cilantro, onions & pepperjack	
DOWNTOWN SCRAMBLE	11.55
bacon, mushrooms, tomatoes, onions & jack cheese	
VEGGIE OMELET	11.45
tomatoes, broccoli, mushrooms, bell peppers, onions & cheddar	
HAM, AVOCADO & PEPPERJACK OMELET	11.55
TWO EGGS, SCRAMBLED OR FRIED	8.35
WITH HONEY CURED BACON, SAUSAGE OR TURKEY SAUSAGE	9.85
<i>SIDE</i> COUNTRY POTATOES	2.50

## DELI DELICIOUS *side included– not extra!*

CHIPOTLE RANCH TURKEY CLUB	13.25
oven-roasted turkey breast, honey cured bacon, avocado, pepperjack, tomato, red onion, lettuce & chipotle ranch aioli	
CALIFORNIA TURKEY	12.25
oven-roasted turkey breast, avocado, tomato, lettuce, red onion, pickle, mayo & deli mustard	
TRIPLE DECKER CLUB	13.25
oven-roasted turkey breast, <i>Nitrate Free</i> ham, honey cured bacon, avocado, swiss, tomato, lettuce & mayo	
CRANBERRY TURKEY	11.35
oven-roasted turkey breast, mandarin orange cranberry chutney, cream cheese & lettuce	
SIGNATURE TUNA SANDWICH	11.55
albacore tuna mixed with cilantro, tomatoes, celery & mayo & served with tomato, cucumber, lettuce, red onion & mayo	
CRANBERRY TARRAGON CHICKEN SALAD	11.35
chicken breast diced with dried cranberries, touch of tarragon & mayo, and served with tomato, lettuce & mayo.	
VEGETARIAN	9.95
avocado, jack cheese, cucumbers, roasted red peppers, tomato, red onion, pickle, lettuce, sundried tomato aioli	
BLT WITH AVOCADO	10.95
honey cured bacon, sweet avocado, juicy tomato, crisp lettuce & mayo	

## CROCK OF SOUP

SOUP & BAGEL WITH CREAM CHEESE	cup 7.45	bowl 9.65
choice of your favorite bagel & schmear		
SOUP - ALA CARTE	cup 4.95	bowl 7.15

## HANDCRAFTED 1/2 LB BURGERS

*side included– not extra!*

**Hand formed 1/2 lb Brisket & Chuck** patty on Brioche Bun

BACON & JALAPENO PATTY MELT	13.25
honey cured bacon, grilled jalapenos & onions, melted cheddar & swiss on grilled rye bread. Top with a fried egg +.50	
AVOCADO BACON CHEESEBURGER	13.75
avocado, smoked bacon, cheddar cheese, tomato, red onion, pickle, lettuce & house sauce	
TILLAMOOK ANGUS BURGER	12.25
with tillamook cheddar cheese, lettuce, tomato, red onion pickle & house sauce	

## HOT & MELTY SANDWICHES *side included– not extra!*

REUBEN	13.25
choice of pastrami or turkey, melted swiss, sauerkraut & russian dressing on grilled rye	
THE BOMB FRENCH DIP	13.75
braised beef short rib, melted provolone, sauteed mushrooms, horseradish cream aioli on french roll or grilled parmesan toast, side of au jus	
MEXICALLI PHILLY	13.75
braised beef short ribs, avocado, caramelized onions & green peppers, melted pepperjack & chipotle aioli	
MEMPHIS BBQ SHORT RIB	13.75
braised beef short ribs, melted cheddar, crispy onion strings, coleslaw, hickory bbq sauce	
TUNA MELT	12.45
<i>albacore</i> tuna mixed with cilantro, tomatoes, celery & mayo, melted cheddar & grilled tomatoes	
FIRECRACKER TURKEY AVOCADO MELT	12.45
oven-roasted turkey breast, avocado, grilled jalapenos, tomato, pepperjack & chipotle aioli	
TUSCAN TOMATO TURKEY MELT	12.25
oven-roasted turkey breast, sautéed spinach, sautéed mushrooms, grilled tomato, provolone & sundried tomato aioli	
HOT SICILIAN	12.25
genoa salami, pepperoni, ham, provolone, tomato, red onion, pepperoncini, oregano, lettuce & sundried tomato aioli	

All sandwiches served on your choice of :			
Bagel Choice	Wheat Bread	Squaw Bread	Brioche Bun
French Roll	Sourdough Bread	Gluten Free Bun(+1.09)	Tortilla Wrap
Ciabatta	Rye Bread	White Bread	Lettuce Wrap

## CHICKEN COMES FIRST *side included– not extra!*

CHICKEN CLUB	13.25
chicken breast with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, swiss, tomato, red onion, pickle chips, lettuce & house sauce	
BUFFALO CHICKEN <i>WRAP</i>	12.45
crispy or grilled chicken breast, gorgonzola, crispy onion, tomato Lettuce, carrots, cucumbers & buffalo ranch in a tortilla wrap	
SANTA FE CHICKEN	12.85
chicken breast with <i>No Antibiotics Ever</i> , avocado, homemade roasted salsa, pepperjack, tomato, red onion, lettuce & chipotle aioli	
HONEY MUSTARD CHICKEN	12.45
chicken breast with <i>No Antibiotics Ever</i> , caramelized onions, swiss, fresh spinach, tomato & honey mustard sauce	
CHICKEN PESTO	12.25
chicken breast with <i>No Antibiotics Ever</i> , provolone, field greens, tomato, red onion & pesto aioli	

**CREATE YOUR FAVORITE  
Burger, Chicken or Deli Sandwich**  
Choice of 1 meat, 1 cheese & a variety of fixins  
\*Priced according to items selected\*  
**FROM** turkey & ham 11.35 1/2lb burger 12.25 chicken 12.25

**TOSS YOUR OWN GARDEN SALAD**  
Choice of greens, protein, veggies, toppings, dressings 12.45  
premium items extra

## GREEN GOODNESS

AVOCADO & QUINOA SALAD	12.50
red quinoa, jasmine rice & roasted corn blend, avocado, feta cheese, garbanzo beans, red onion, fresh spinach and field greens & Aegean vinaigrette.	
with chicken breast with No Antibiotics Ever	13.85
with grilled atlantic salmon filet	16.05
COBB SALAD	13.50
chicken with <i>No Antibiotics Ever</i> , honey cured bacon, avocado, hard-boiled egg, gorgonzola cheese, tomato, cucumber & romaine with ranch dressing.	
BUFFALO CHICKEN SALAD	12.85
crispy or grilled chicken, gorgonzola, cucumbers, tomatoes, crispy onion, carrots, romaine & buffalo ranch dressing	
BISTRO SALAD	12.85
chicken with <i>No Antibiotics Ever</i> , gorgonzola, candied walnuts, raisins, tomato, croutons, field greens, romaine & balsamic vinaigrette	
PACIFIC SPINACH SALAD	12.85
chicken with <i>No Antibiotics Ever</i> , feta cheese, candied walnuts, dried cranberries, crisp apples, red onion, croutons, fresh spinach & field greens with our mango vinaigrette	
SOUTHWEST CHICKEN SALAD	13.25
crispy or grilled chicken breast, avocado, black beans, sweet corn, tomatoes, cilantro, onions, mozzarella cheese, tortilla strips & romaine with our spicy chipotle ranch dressing.	
ASIAN CHICKEN SALAD	12.45
chicken with <i>No Antibiotics Ever</i> , mandarin oranges, cucumbers, scallions, carrots, wontons, sesame seeds & romaine with our signature sesame ginger dressing	
GREEK FETA SALAD WITH CHICKEN	13.50
chicken with <i>No Antibiotics Ever</i> , feta cheese, tomatoes, garbanzo beans, cucumbers, red onions, bell peppers, pepperoncini, kalamata olives & romaine with our greek vinaigrette dressing	
TRADITIONAL CHICKEN CAESAR	12.45
chicken with <i>No Antibiotics Ever</i> , parmesan cheese, garlic croutons, tomatoes & crisp romaine with our signature Caesar dressing	

All sandwiches & burgers served with choice of 1 side item.		
Homemade Potato Salad	Green Salad	Kettle Chips
House Cole Slaw	Caesar Salad	Apple
	Cup of Soup (+2.79)	Melon Cup (.99)

## ESPRESSO BAR

PROUDLY BREWING **KĒAN COFFEE** by MARTIN DIEDRICH

	Reg	Tall	Grande
<b>CAFÉ MOCHA</b> Choice of regular or sugar free chocolate	4.85	5.65	5.95
<b>WHITE CHOCOLATE MOCHA</b>	4.95	5.75	6.25
<b>CAFÉ LATTE</b>	4.45	4.95	5.45
<b>CARAMEL LATTE ROYALE</b>	5.25	5.75	6.25
<b>CAPPUCCINO</b>	4.45	4.95	5.45
<b>CHAI TEA LATTE</b> <i>CUSTOMER FAVORITE</i> Choice of spice or vanilla	4.85	5.65	5.95
<b>FRESH BREWED</b>	2.95	3.25	3.45
<b>CAFÉ AMERICANO</b>	3.45	3.75	4.15
<b>HOT CHOCOLATE</b>	3.65	4.25	4.65

### COLD BREWS

<b>ICED COFFEE</b> over ice	3.45	4.05	4.65
<b>ICED LATTE</b> over ice	4.55	5.15	5.65
<b>ICED MOCHA</b> over ice	4.85	5.65	6.25
<b>ICED CHAI TEA</b> over ice	4.85	5.65	6.25

<b>CHAI TEA FRAPPE</b>	4.85	5.65	6.25
<b>GLACIER FRAPPE</b> Choice of mocha or vanilla		5.95	
<b>COOKIES &amp; CREAM GLACIER FRAPPE</b>		6.35	
<b>CARAMEL ROYALE GLACIER FRAPPE</b>		6.35	
<b>KONA KOFFEE KOOLER</b> espresso, java chip ice cream, chocolate sauce, whip cream		7.35	

FLAVOR UP YOUR DRINK WITH A GOURMET SYRUP .70

Vanilla	Cinnamon	Salted Caramel	White Chocolate Sauce(.80)
Almond	Hazelnut	Raspberry	Caramel Sauce (.80)
Lavender	Sugar Free Vanilla		Sugar Free Caramel

Coffee drinks are made with whole milk.  
Nonfat milk & oat milk (.80) and almond milk (.80) also available

## REAL FRUIT SMOOTHIES

Made with 100% Natural Fruit Juices, Frozen Fruit, Nonfat Frozen Yogurt and/or Nondairy, Nonfat Raspberry Sorbet.

each 7.75

<b>WIPEOUT</b>	strawberries, peaches, banana, sorbet, yogurt, raspberry juice
<b>PIPELINE</b>	raspberries, strawberries, sorbet, yogurt, raspberry juice
<b>TRESTLES</b>	raspberries, strawberries, blueberries, yogurt, raspberry juice
<b>HANGTEN</b>	pineapple, strawberries, peaches, sorbet, yogurt, mango juice
<b>SUNSET</b>	blueberries, raspberries, sorbet, yogurt, raspberry juice
<b>THE WEDGE</b>	blueberries, banana, yogurt, raspberry juice
<b>RIP CURL</b>	peaches, banana, yogurt, peach juice
<b>BARNIE</b>	strawberries, pineapple, coconut, yogurt, mango juice
<b>HIGH TIDE</b>	strawberries, peaches, sorbet, yogurt, peach juice
<b>LONG BOARD</b>	pineapple, peaches, banana, coconut, yogurt, mango juice
<b>KOWABUNGA</b>	peanut butter, banana, yogurt, nonfat milk
<b>FREESTYLE</b>	You call it!

## ACAI

<b>ACAI SMOOTHIE</b> acai sorbet, strawberries, banana, apple juice	9.25
<b>EPIC BOWL</b> acai sorbet, banana, strawberries, coconut, granola & honey	9.95
<b>BEACH BREAK BOWL</b> acai sorbet, peanut butter, banana, granola, strawberries & honey	9.95



**BREAKFAST  
& LUNCH  
SERVED  
ALL DAY**

Since 1994, Bagels & Brew has been the neighborhood gathering spot. We have watched your children grow up, welcomed your grandkids, celebrated birthdays, graduations, homecomings, milestones, fostered friendships, hosted daily and weekly breakfast "clubs" and have been your lunchtime favorite in our warm welcoming and friendly eatery. We have and always will be dedicated to serving our friends made from scratch, freshly prepared entrees, created with the highest quality of ingredients.

### HEALTHIER INGREDIENTS, HEALTHIER YOU

The food you have come to love and crave over the years is also great for you too. We proudly serve:

- Foster Farms Simply Raised Chicken breasts from chicken raised with **NO ANTIBIOTICS EVER**
- Butterball Farm to Family Oven Roasted Turkey raised with **NO ANTIBIOTICS EVER**
- Hormel Natural Choice Ham with **NO NITRATES** and preservatives added
- Fresh, minimally processed produce from local farms

Every aspect of our menu has heart healthy antioxidant enriched, protein packed ingredients such as Smoked Salmon, Blueberries, Acai, egg whites, quinoa, avocado, cranberries, steel cut oatmeal and gluten free toast to name a few.  
*Customize our entrees to fit your unique nutritional preferences*

### SUPERIOR BAGELS & CREAM CHEESE – HANDS DOWN, NO COMPARISON

We are fanatics about our cream cheese—serving Kraft Philadelphia cream cheese because why not indulge in the best. We hand mix our gourmet cream cheese daily with freshly chopped ingredients and never add preservatives. Our bagels are made from scratch in our in-house bakery, never frozen, no preservatives added with the highest quality flour and generous amounts of goodies added into the dough. They are boiled first, then baked, because by any other method is just a fluffy round roll.

### HOME OF THE UNICORN BAGEL

We have also put the FUN back into food with our rainbow colored **UNICORN BAGELS** and deliciously yummy original cream cheeses like birthday cake. Watch out for new flavors!! After a 6 hour process of forming and hand rolling our Unicorn bagels, they are baked just for you every Thursday through Sunday. We bake seasonal Unicorn bagels that make the Holidays extra fun and special including Valentines Day, St Patrick's Day, 4th of July, Halloween, Thanksgiving and Christmas.

SAVE TIME - ORDER AHEAD, EASY & CONVENIENT



BAGELSANDBREW.COM



MOBILE APP

**CORPORATE CATERING  
AT ITS BEST!!!**

*"We make you look good"*

Over 29 years serving the OC  
16 page menu online  
Order at [Catering@bagelsandbrew.com](mailto:Catering@bagelsandbrew.com)

### LOCATIONS

**MISSION VIEJO**  
23052 Alicia Pkwy #A  
Phone 949-837-6977

**LAKE FOREST**  
21771 Lake Forest Dr #100  
Phone 949-951-8985

### HOURS

Monday-Friday (Mission Viejo) 6:30-4pm  
Monday-Friday (Lake Forest) 6am-4pm  
Saturday 6:30am-4pm  
Sunday 7am-4pm

**Online and Mobile Orders – No need to wait in line.**  
Go directly to **Online Pick up Shelf** inside restaurant.

BAGELSANDBREW.COM

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